

## SKILL BUILDING NO. 10

# Study Smarter



2 minutes



repeat these items often

**There's more than one way to read!** You can use these different methods to help you with different kinds of assignments:

- 1. Skimming** is reading rapidly to get a general overview of the material. Skimming tells you what general information is within a section.
- 2. Scanning** is reading rapidly to find specific facts. Scanning helps you locate a particular fact.
- 3. Reading thoroughly** means reading carefully. Use a ruler, bookmark, or finger to keep your place. This method takes time and requires attention and focus for an in-depth reading of the material. This can be an excellent method for essays.
- 4. Repetition** is reading once through and then repeating the reading again. This means reading it all, not too slow or too fast. (Medium speed, please.) Then do it again, allowing your brain to pick up every fact and exposing yourself to facts twice. This makes your short-term memory more reliable.



Taking notes while doing any reading makes your recall even stronger!